



YMCA OF CENTRAL OHIO

CHARTING THE LIFECOURSE RESOURCE SESSION AND PLAYGROUP

Join Deb Petermann, Charting the LifeCourse Ambassador from The Center for Disability Empowerment, for a FREE informational resource session! Discover how the Charting the LifeCourse framework can help individuals and families of all abilities and ages create a vision for a fulfilling, inclusive future, identify meaningful supports, and take steps toward achieving their dreams. Dinner will be provided—or feel free to bring your own!

We will also have a fun, engaging playgroup for kids that will run at the same time as the resource session (space limited, please note on your registration the ages of children attending).

After the session, stick around for an optional Parent Support Group to dive deeper into the evening's topics!

This event is FREE, but registration is REQUIRED



DATE:
Wednesday
February,
26th

TIME:
6:00pm -
8:00pm

WHERE: Delaware
YMCA (1121 S Houk
Rd, Delaware, OH
43015)

**SCAN THE QR CODE BELOW
TO REGISTER!**



Questions? Contact Hannah Burns, hannah.burns@ymcacolumbus.org